

The Aliveness Project

Program Schedule · May 14 – July 30, 2026 · All times Central Time (CT)

Program Overview

The Aliveness Project is a 12-week program beginning Wednesday, May 14, 2026. The program includes weekly calls, assignments, and optional sharing sessions.

Zoom room opens at 6:40 PM — 20 minutes before each Thursday call so you can check your technology and get settled before the call begins.

Event Types

- **Technology Check** — Pre-program session to test your Zoom setup. Technical support available.
- **Weekly Call** — Thursday 7:00 – 8:30 PM. Required. Camera on, present and ready.
- **Assignment Deadline** — Saturday at midnight. Submit through the web portal.
- **Sharing Session** — Sunday at 11:00 AM. Optional. Open space to share.

Full Schedule

WEEK	TYPE	EVENT	DATE	TIME
Pre	●	Technology Check	Wednesday, May 13	7:00 PM (20 min)
Week 1	●	Weekly Call 1	Thursday, May 14	7:00 – 8:30 PM
	●	Assignment 1 Due	Saturday, May 17	Midnight
	●	Sharing Session 1	Sunday, May 18	11:00 AM
Week 2	●	Weekly Call 2	Thursday, May 21	7:00 – 8:30 PM
	●	Assignment 2 Due	Saturday, May 24	Midnight
	●	Sharing Session 2	Sunday, May 25	11:00 AM
Week 3	●	Weekly Call 3	Thursday, May 28	7:00 – 8:30 PM
	●	Assignment 3 Due	Saturday, May 31	Midnight
	●	Sharing Session 3	Sunday, June 1	11:00 AM
Week 4	●	Weekly Call 4	Thursday, June 4	7:00 – 8:30 PM

WEEK	TYPE	EVENT	DATE	TIME
	●	Assignment 4 Due	Saturday, June 7	Midnight
	●	Sharing Session 4	Sunday, June 8	11:00 AM
Week 5	●	Weekly Call 5	Thursday, June 11	7:00 – 8:30 PM
	●	Assignment 5 Due	Saturday, June 14	Midnight
	●	Sharing Session 5	Sunday, June 15	11:00 AM
Week 6	●	Weekly Call 6	Thursday, June 18	7:00 – 8:30 PM
	●	Assignment 6 Due	Saturday, June 21	Midnight
	●	Sharing Session 6	Sunday, June 22	11:00 AM
Week 7	●	Weekly Call 7	Thursday, June 25	7:00 – 8:30 PM
	●	Assignment 7 Due	Saturday, June 28	Midnight
	●	Sharing Session 7	Sunday, June 29	11:00 AM
Week 8	●	Weekly Call 8	Thursday, July 2	7:00 – 8:30 PM
	●	Assignment 8 Due	Saturday, July 5	Midnight
	●	Sharing Session 8	Sunday, July 6	11:00 AM
Week 9	●	Weekly Call 9	Thursday, July 9	7:00 – 8:30 PM
	●	Assignment 9 Due	Saturday, July 12	Midnight
	●	Sharing Session 9	Sunday, July 13	11:00 AM
Week 10	●	Weekly Call 10	Thursday, July 16	7:00 – 8:30 PM
	●	Assignment 10 Due	Saturday, July 19	Midnight
	●	Sharing Session 10	Sunday, July 20	11:00 AM
Week 11	●	Weekly Call 11	Thursday, July 23	7:00 – 8:30 PM
	●	Assignment 11 Due	Saturday, July 26	Midnight
	●	Sharing Session 11	Sunday, July 27	11:00 AM
Week 12	●	Final Call	Thursday, July 30	7:00 – 8:30 PM

Important Notes

Technology Check (May 13): Join to test your Zoom setup before the program begins. Technical support will be provided. You can call in via computer or phone — test everything, including camera, microphone, and display name.

Before each call: The Zoom room opens at 6:40 PM (20 minutes early) so you can check your technology and make sure everything is working.

Assignments: Must be submitted through the web portal by midnight Central Time on Saturday. Allot time between Thursday evening and Saturday night to complete with integrity.

Sharing sessions: Optional but encouraged. An open space on Sunday mornings at 11:00 AM to share what's arising from the work.